Twenty-First Annual Berkshire Early Bird Invitational Saturday, August 24, 2013 Kent State University, Geauga campus

Welcome to the 21th Annual Berkshire Early Bird Invitational. Please share the following information with all high school and junior high coaches, athletes, and fans.

- Meet Schedule:8:30 AMJunior High Girls9:00 AMJunior High Boys9:30 AMHigh School Girls10:15 AMHigh School Boys
- **Format:** All athletes from each team will run in the appropriate race. **Only the top 7 runners from each team will displace in the scoring.

Starting Boxes: Check your race packet. Each team has been assigned one or more starting boxes.

- Numbers: Every runner must have a number. Numbers must be securely fastened to the front of the jersey with 4 pins. Do not pin through the tear-off tag at the bottom.
 **Runners should rip off the tag as they progress through the chute and hand it to the worker at the end of the chute.
- **Course:** The high school course is 5000 meters. The junior high course is 2 miles.

The surface is mostly grass with dirt paths in the woods. Please caution your runners that the **footing may be VERY rough** in some places. The terrain is flat to very moderately rolling.

- **Splits:** The 1600m and 3200m points in the JH and HS races are clearly marked.
- Meet records: HS Boys 15:49 Nick Elswick, Chardon, 2012 HS Girls – 19:13 – Bridget Franek, Crestwood 2004 JH Boys – 11:23 – Brad Tramer, Beachwood 2010 JH Girls – 12:59 – Abbie Clifford, Perry 2005
- **Awards:** There will be no awards ceremony. All individual and team awards may be picked up at the awards table as soon as the results are posted.
 - Team:High School Races Top 3 teams in each race
Junior High Races Top 2 team in each raceIndividual:High School Races 1-10 plaques, 11-40 medals
Junior High Races 1-5 plaques, 6-20 medals
- **Results:** Results will be posted near the concessions area. Results will be sent to the News-Herald and The Plain Dealer. In addition, results will be posted at <u>www.baumspage.com</u>.
- **Restrooms:** Portable toilets are available at the edge of the parking lot within 100m of the starting/finish lines.
- **Trainer:** An athletic trainer is on duty for the duration of the meet and will be stationed near the finish chute.

Team camps: No team camps will be permitted in the vicinity of the KSU building or start/finish areas. Please see the course map for the location of team camps.

Concessions: A variety of food and beverage items will be available for purchase on the KSU patio.

T-shirts: Short-sleeved tech t-shirts will be available for purchase.

BUS Parking: <u>All buses must park in the Geauga County Fairgrounds adjacent to</u> <u>the KSU campus</u>.

FAN Parking: Parking is limited at the KSU campus. When the lot fills up, parking is available at the fairgrounds adjacent to KSU. Please use caution in the parking lot after the meet has started.

NO ONE IS PERMITTED INSIDE THE KSU BUILDING FOR ANY REASON. Please clean up your area before you leave.

COACHES!! PLEASE TAKE CARE OF ENTRIES AND FEES ASAP.

ENTRY FEES: <u>\$4 per entrant.</u> Entry fees are due on August 24th, 2013 Make checks payable to: <u>BERKSHIRE ATHLETIC DEPARTMENT</u>.

Mail entry fees to:

Berkshire High School Attn: Athletic Director P.O. Box 365 Burton, OH 44021

ENTRIES: YOU MUST ENTER YOUR RUNNERS ONLINE AT <u>www.baumspage.com</u> by WEDNESDAY, AUGUST 21 AT 7:00 PM.

No additions will be accepted on meet day. Computerized scoring will be utilized. This will enable you to coach your team and enjoy the meet. Results will be posted on the website after the meet.

Questions: Julie Cole at <u>imcole13@roadrunner.com</u> or (440) 223-4636.