

**Twenty-First Annual Berkshire Early Bird Invitational**  
**Saturday, August 24, 2013**  
**Kent State University, Geauga campus**

Welcome to the 21<sup>th</sup> Annual Berkshire Early Bird Invitational. **Please share the following information with all high school and junior high coaches, athletes, and fans.**

**Meet Schedule:**     8:30 AM   Junior High Girls  
                          9:00 AM   Junior High Boys  
                          9:30 AM   High School Girls  
                          10:15 AM  High School Boys

**Format:**           All athletes from each team will run in the appropriate race.  
                          \*\*Only the top 7 runners from each team will displace in the scoring.

**Starting Boxes: Check your race packet. Each team has been assigned one or more starting boxes.**

**Numbers:**       Every runner must have a number. Numbers must be securely fastened to the front of the jersey with 4 pins. Do not pin through the tear-off tag at the bottom.  
                          **\*\*Runners should rip off the tag as they progress through the chute and hand it to the worker at the end of the chute.**

**Course:**           The high school course is 5000 meters.  
                          The junior high course is 2 miles.

The surface is mostly grass with dirt paths in the woods. Please caution your runners that the **footing may be VERY rough** in some places. The terrain is flat to very moderately rolling.

**Splits:**            The 1600m and 3200m points in the JH and HS races are clearly marked.

**Meet records:**    HS Boys – 15:49 – Nick Elswick, Chardon, 2012  
                          HS Girls – 19:13 – Bridget Franek, Crestwood 2004  
                          JH Boys – 11:23 – Brad Tramer, Beachwood 2010  
                          JH Girls – 12:59 – Abbie Clifford, Perry 2005

**Awards:**        **There will be no awards ceremony.** All individual and team awards may be picked up at the awards table as soon as the results are posted.

Team:                High School Races – Top 3 teams in each race  
                          Junior High Races – Top 2 team in each race  
Individual:         High School Races – 1-10 plaques, 11-40 medals  
                          Junior High Races – 1-5 plaques, 6-20 medals

**Results:**         Results will be posted near the concessions area. Results will be sent to the News-Herald and The Plain Dealer. In addition, results will be posted at [www.baumspage.com](http://www.baumspage.com).

**Restrooms:**     Portable toilets are available at the edge of the parking lot within 100m of the starting/finish lines.

**Trainer:**         An athletic trainer is on duty for the duration of the meet and will be stationed near the finish chute.

